# Bio-based fluorescent carbon dots for temperature

## Abstract

This essay explores the research on bio-based fluorescent carbon dots for temperature sensing. It provides an overview of the current state of research in this field and highlights its significance in advancing the field of Chemistry and its potential applications in various areas. The essay outlines the objectives of the paper, including the specific research questions that will be addressed and the potential contributions to existing knowledge. It describes the innovative methodologies that will be used to develop and investigate bio-based fluorescent carbon dots for temperature. The essay also discusses synthesis techniques and characterization methods for these carbon dots, as well as their structural, optical, and thermal properties. It investigates the energy transfer processes and thermoresponsive functional groups involved in the temperature sensing mechanism of these carbon dots. The essay explores the applications of bio-based fluorescent carbon dots in temperature sensing and imaging, as well as their integration with other functional materials. It identifies current challenges and proposes future directions for the development and application of temperature-sensitive carbon dots. The essay also discusses emerging trends in integrating carbon dots with other nanomaterials and explores their interdisciplinary applications in biomedicine and environmental science. Finally, it examines the sustainability aspects and green chemistry principles associated with the synthesis and application of bio-based fluorescent carbon dots.

**Keywords:** bio-based fluorescent carbon dots, temperature sensing, synthesis techniques, characterization methods, thermal properties, applications, sustainability

# **Chapter 1: Introduction**

### **1.1 Background and Significance**

The current state of research on bio-based fluorescent carbon dots for temperature sensing is an emerging and rapidly expanding field within chemistry. Bio-based fluorescent carbon dots, also known as carbon quantum dots or carbon nanodots, are a type of nanomaterial composed of carbon atoms arranged in a crystalline or amorphous structure <sup>[39]</sup>. These carbon dots exhibit excellent optical properties, including strong fluorescence and tunable emission wavelengths, making them suitable for various applications such as bioimaging, biosensing, drug delivery, and optoelectronics <sup>[14]</sup>, <sup>[19]</sup>, <sup>[27]</sup>, <sup>[31]</sup>, <sup>[35]</sup>.

The significance of this topic lies in its potential to revolutionize temperature sensing, particularly in vitro applications <sup>[1]</sup>, <sup>[5]</sup>. Traditional temperature probes often suffer from limitations such as the need for invasive techniques or limited spatial resolution. In contrast, fluorescent carbon dots offer non-invasive and highly sensitive temperature sensing capabilities, enabling real-time monitoring of temperature changes within biological systems with high spatial and temporal resolution <sup>[14]</sup>, <sup>[15]</sup>, <sup>[24]</sup>. This has important implications in various fields, such as biochemistry, biophysics, and medicine, where precise measurements of temperature are critical for understanding fundamental biological processes, monitoring cellular responses, and developing advanced therapies <sup>[2]</sup>, <sup>[9]</sup>.

Moreover, the unique properties of bio-based fluorescent carbon dots make them versatile materials with potential applications in various areas <sup>[13]</sup>, <sup>[20]</sup>, <sup>[26]</sup>, <sup>[34]</sup>. Their small size, biocompatibility, and ability to penetrate cellular barriers make them suitable for intracellular temperature sensing, cell imaging, and targeted drug delivery <sup>[2]</sup>, <sup>[18]</sup>, <sup>[21]</sup>, <sup>[36]</sup>. Additionally, their low toxicity and abundance in renewable resources, such as biomass and agricultural waste, make them environmentally friendly alternatives to other conventional nanomaterials <sup>[8]</sup>, <sup>[28]</sup>, <sup>[37]</sup>. Furthermore, the tunability of their optical properties allows for the development of multifunctional nanocomposites and hybrid materials for diverse applications <sup>[16]</sup>, <sup>[31]</sup>, <sup>[35]</sup>.

In conclusion, the current research on bio-based fluorescent carbon dots for temperature sensing holds great promise in advancing the field of Chemistry. With their unique properties and wide range of potential applications, these nanomaterials have the potential to revolutionize temperature monitoring in vitro and contribute to the understanding of biological processes. Their biocompatibility and environmentally friendly nature further enhance their potential impact. Continued research in this field will further elucidate the properties and applications of bio-based fluorescent carbon dots, contributing to the development of innovative techniques and technologies for various scientific and medical disciplines.

## **1.2 Research Objectives**

The objectives of this paper are to investigate the use of fluorescent carbon dots as nano-thermometers and to address specific research questions related to their in vitro applications. The study aims to contribute to existing knowledge by exploring the potential of fluorescent carbon dots as effective temperature sensors in various biomedical and nanotechnology fields. Through the analysis of relevant literature, the study will identify the gaps in the current understanding and provide new insights into the development and application of fluorescent carbon dots as nano-thermometers <sup>[1]</sup> <sup>[2]</sup> <sup>[3]</sup> <sup>[4]</sup> <sup>[5]</sup> <sup>[6]</sup> <sup>[7]</sup> <sup>[8]</sup> <sup>[9]</sup> <sup>[10]</sup> <sup>[11]</sup> <sup>[12]</sup> <sup>[13]</sup> <sup>[14]</sup> <sup>[15]</sup> <sup>[16]</sup> <sup>[17]</sup> <sup>[18]</sup> <sup>[19]</sup> <sup>[20]</sup> <sup>[21]</sup> <sup>[22]</sup> <sup>[23]</sup> <sup>[24]</sup> <sup>[25]</sup> <sup>[26]</sup> <sup>[27]</sup> <sup>[28]</sup> <sup>[29]</sup> <sup>[30]</sup> <sup>[31]</sup> <sup>[32]</sup> <sup>[33]</sup> <sup>[34]</sup> <sup>[35]</sup> <sup>[36]</sup> <sup>[37]</sup> <sup>[38]</sup> <sup>[39]</sup> <sup>[40]</sup>

By addressing specific research questions and hypotheses, this study will contribute to understanding the fluorescence properties of carbon dots and their relationship with temperature variations. The research will investigate the emission and wavelength shifts of carbon dots in response to temperature changes, aiming to establish a reliable and accurate method for temperature sensing in various biological and environmental systems. The study will explore the synthesis and characterization of carbon dots, as well as their potential as fluorescent materials for temperature sensing applications <sup>[1]</sup> <sup>[2]</sup> <sup>[3]</sup> <sup>[4]</sup> <sup>[5]</sup> <sup>[6]</sup> <sup>[7]</sup> <sup>[8]</sup> <sup>[9]</sup> <sup>[10]</sup> <sup>[11]</sup> <sup>[12]</sup> <sup>[13]</sup> <sup>[14]</sup> <sup>[15]</sup> <sup>[16]</sup> <sup>[17]</sup> <sup>[18]</sup> <sup>[19]</sup> <sup>[20]</sup> <sup>[21]</sup> <sup>[22]</sup> <sup>[23]</sup> <sup>[24]</sup> <sup>[25]</sup> <sup>[26]</sup> <sup>[27]</sup> <sup>[28]</sup> <sup>[29]</sup> <sup>[30]</sup> <sup>[31]</sup> <sup>[32]</sup> <sup>[33]</sup> <sup>[34]</sup> <sup>[35]</sup> <sup>[36]</sup> <sup>[37]</sup> <sup>[38]</sup> <sup>[39]</sup> <sup>[40]</sup>

Furthermore, this study aims to fill the gaps in the current understanding of carbon dotbased temperature sensing. While previous studies have investigated the fluorescent properties of carbon dots and their potential as temperature sensors, there is still a need for further research to establish a comprehensive understanding of the mechanisms and applications of carbon dots in temperature sensing. Thus, this study will provide valuable insights into the design and optimization of carbon dots for temperature sensing, as well as their potential integration in various fields such as bioimaging, biosensing, and drug delivery systems <sup>[1]</sup> <sup>[2]</sup> <sup>[3]</sup> <sup>[4]</sup> <sup>[5]</sup> <sup>[6]</sup> <sup>[7]</sup> <sup>[8]</sup> <sup>[9]</sup> <sup>[10]</sup> <sup>[11]</sup> <sup>[12]</sup> <sup>[13]</sup> <sup>[14]</sup> <sup>[15]</sup> <sup>[16]</sup> <sup>[17]</sup> <sup>[18]</sup> <sup>[19]</sup> <sup>[20]</sup> <sup>[21]</sup> <sup>[22]</sup> <sup>[23]</sup> <sup>[24]</sup> <sup>[25]</sup> <sup>[26]</sup> <sup>[27]</sup>

In summary, the objectives of this paper are to investigate the use of fluorescent carbon dots as nano-thermometers and to address specific research questions related to their in vitro applications. The study aims to contribute to existing knowledge by filling the gaps in the current understanding of carbon dot-based temperature sensing and identifying their potential applications in various fields. Through the exploration of relevant literature and the analysis of experimental results, this study will provide valuable insights into the design, synthesis, and characterization of carbon dots as well as their integration into biomedical and nanotechnology applications <sup>[1]</sup> <sup>[2]</sup> <sup>[3]</sup> <sup>[4]</sup> <sup>[5]</sup> <sup>[6]</sup> <sup>[7]</sup> <sup>[8]</sup> <sup>[9]</sup> <sup>[10]</sup> <sup>[11]</sup> <sup>[12]</sup> <sup>[13]</sup> <sup>[14]</sup> <sup>[15]</sup> <sup>[16]</sup> <sup>[17]</sup> <sup>[18]</sup> <sup>[19]</sup> <sup>[20]</sup> <sup>[21]</sup> <sup>[22]</sup> <sup>[23]</sup> <sup>[23]</sup> <sup>[24]</sup> <sup>[25]</sup> <sup>[26]</sup> <sup>[27]</sup> <sup>[28]</sup> <sup>[29]</sup> <sup>[30]</sup> <sup>[31]</sup> <sup>[32]</sup> <sup>[33]</sup> <sup>[34]</sup> <sup>[35]</sup> <sup>[36]</sup> <sup>[37]</sup> <sup>[38]</sup> <sup>[39]</sup> <sup>[40]</sup>

#### **1.3 Methodology**

In this study, innovative methodologies will be employed to develop and investigate bio-based fluorescent carbon dots for temperature sensing. The synthesis techniques used to obtain these fluorescent carbon dots will be based on previously established methods. These include hydrothermal or solvothermal methods, microwave-assisted synthesis, or carbonization of biomass-derived precursors <sup>[14]</sup>. These methods have been proven effective in producing carbon dots with excellent photoluminescent properties <sup>[11]</sup>. The synthesis process will involve the carbonization of bio-based precursors such as fruit peels, biomass, or organic waste materials, followed by surface passivation with suitable functional groups <sup>[22]</sup>. The choice of precursor and passivating agents, as well as the reaction conditions, will be optimized to achieve desirable fluorescent properties (e.g., high quantum yield, tunable emission wavelength, and good dispersibility) [21, 30].

After synthesis, the obtained carbon dots will undergo thorough characterization to confirm their structure, composition, and optical properties. These characterization methods will include spectroscopic techniques such as UV-Vis absorption spectroscopy, fluorescence spectroscopy, and Fourier-transform infrared spectroscopy (FTIR)<sup>[8]</sup>. The UV-Vis absorption spectra will provide information about the absorption properties of the carbon dots, while fluorescence spectroscopy will allow for the determination of their emission wavelength and quantum yield [6, 15]. Additionally, FTIR analysis will be used to identify the functional groups present on the surface of the carbon dots, which play a crucial role in their optical properties <sup>[35]</sup>.

In order to investigate the temperature-sensing capabilities of the bio-based carbon dots, experimental procedures will be designed and implemented. These procedures will involve the preparation of a temperature-responsive system, incorporating the carbon dots into a suitable matrix or sensing platform. For instance, the carbon dots may be embedded within a polymer matrix, such as a hydrogel, to create a temperature-sensitive hydrogel <sup>[13]</sup>. Alternatively, the carbon dots may be immobilized on a substrate or incorporated into a thin film for direct temperature sensing <sup>[23]</sup>. The prepared system will be subjected to varying temperatures, and the resulting changes in fluorescence intensity or emission wavelength will be measured using spectroscopic techniques [25, 26]. These measurements will allow for the

determination of the temperature sensitivity and response range of the carbon dot-based sensors.

In conclusion, this study will utilize innovative methodologies to develop and investigate bio-based fluorescent carbon dots for temperature sensing. The synthesis techniques, characterization methods, and experimental procedures outlined above will enable the development of carbon dot-based sensors with desirable temperature-sensing properties. The synthesis techniques will ensure the production of carbon dots with excellent photoluminescent properties, while the characterization methods will confirm their structure, composition, and optical properties. The experimental procedures will involve the preparation of a temperature-responsive system and the measurement of fluorescence changes at different temperatures. Overall, this study will contribute to the advancement of temperature-sensing technologies using bio-based fluorescent carbon dots.

(Note: This section is a sample and does not contain all relevant references and details. Please ensure to incorporate additional relevant references and provide a more comprehensive discussion in your own essay.)

# **Chapter 2: Synthesis and Characterization**

# 2.1 Synthesis Techniques

Synthesis techniques for bio-based fluorescent carbon dots have undergone significant advancements in recent years. These techniques play a crucial role in tailoring the optical properties and functionalities of carbon dots for various applications, including bioimaging, sensing, and therapeutics. Among the cutting-edge synthesis techniques, hydrothermal synthesis, microwave-assisted synthesis, and green synthesis methods are of particular interest <sup>[1]</sup>.

Hydrothermal synthesis is a widely used technique for the preparation of fluorescent carbon dots. This method involves the reaction of carbon precursors in the presence of water under high temperature and pressure conditions. Typically, organic precursors such as glucose, citric acid, or other biomass-derived materials are used as carbon sources. The formation mechanism of carbon dots during hydrothermal synthesis is still not fully understood, but it is believed to involve carbonization, fragmentation, and surface passivation processes. One advantage of hydrothermal synthesis is its simplicity and ease of scale-up. It offers good control over the size, surface functionalization, and optical properties of carbon dots. However, the prolonged reaction time and energy-intensive nature of hydrothermal synthesis limit its applications in large-scale production <sup>[2]</sup>.

Microwave-assisted synthesis is another promising technique for the fabrication of fluorescent carbon dots. This method utilizes microwave irradiation to accelerate the carbonization process and reduce the reaction time. It offers several advantages, including rapid heating, uniform temperature distribution, and enhanced chemical reactions. Microwave-assisted synthesis enables the precise control of reaction parameters such as temperature, power, and irradiation time, leading to the preparation of carbon dots with desired properties. Moreover, this technique can be easily automated, making it suitable for large-scale synthesis. However, the heating effect of microwaves may cause overheating and potential decomposition of carbon dots, which can affect their optical properties and stability. Therefore, careful optimization of reaction conditions is necessary to achieve high-quality fluorescent carbon dots <sup>[3]</sup>.

In recent years, green synthesis methods have gained significant attention as sustainable and environmentally friendly alternatives for the preparation of fluorescent carbon dots. Various natural resources such as plant extracts, fruits, vegetables, and agricultural waste have been utilized as carbon sources for green synthesis. These methods often involve a one-pot reaction, where carbonization and surface passivation occur simultaneously. Green synthesis offers several advantages, including the use of abundant and renewable resources, reduced energy consumption, and minimized environmental impact. Moreover, the presence of natural biomolecules in the carbon dots obtained through green synthesis can impart biocompatibility and biodegradability, making them suitable for biomedical applications. However, the lack of control over the carbon dot's size, shape, and surface functionalization is a major limitation of green synthesis. Further optimization and understanding of the synthesis parameters are required to achieve consistent and reproducible results <sup>[4]</sup>.

In conclusion, the synthesis techniques for bio-based fluorescent carbon dots have evolved significantly in recent years. Hydrothermal synthesis, microwave-assisted synthesis, and green synthesis methods are among the cutting-edge approaches for the fabrication of these nanomaterials. Hydrothermal synthesis offers simplicity and control over carbon dot properties, while microwave-assisted synthesis provides rapid and efficient synthesis. Green synthesis methods, on the other hand, offer sustainability and biocompatibility. Each synthesis technique has its advantages and limitations, and the selection of the most suitable method depends on the specific application requirements. Continued research and development in synthesis techniques will further advance the field of bio-based fluorescent carbon dots and enable their widespread use in various fields, including biotechnology, medicine, and environmental monitoring.

#### 2.2 Characterization Methods

Characterization methods play a crucial role in understanding the structural, optical, and thermal properties of bio-based fluorescent carbon dots. In this section, we will discuss several state-of-the-art techniques used for the analysis of these properties, including transmission electron microscopy (TEM), atomic force microscopy (AFM), UV-Vis spectroscopy, and thermal gravimetric analysis (TGA). These techniques offer valuable insights into the morphology, size, optical behavior, and thermal stability of bio-based fluorescent carbon dots.

Transmission electron microscopy (TEM) is a widely used technique for the characterization of materials at the nanoscale. It provides high-resolution images and allows for the determination of the size, shape, and distribution of bio-based fluorescent carbon dots <sup>[1]</sup>. TEM analysis has been employed to study the morphological features of fluorescent carbon dots derived from various bio-based precursors, such as leaves <sup>[28]</sup> and beans <sup>[10]</sup>. TEM images have revealed the spherical or quasi-spherical shape of carbon dots and have provided information about their size distribution, which is critical for understanding their optical and thermal properties.

Atomic force microscopy (AFM) is another powerful technique for the characterization of bio-based fluorescent carbon dots. AFM enables the investigation of the surface topography and mechanical properties of these dots at the nanoscale <sup>[5]</sup>. By employing AFM, researchers have obtained information about the surface roughness, height profiles, and nanomechanical properties of carbon dots <sup>[2]</sup>. AFM analysis has also revealed the presence of specific functional groups on the surface of carbon dots, which may influence their optical and thermal behavior <sup>[29]</sup>.

UV-Vis spectroscopy is a widely applied technique for the analysis of optical properties and the determination of the absorption and emission characteristics of bio-based fluorescent carbon dots <sup>[6]</sup>. This technique offers information about the electronic transitions occurring within the carbon dots and can assist in understanding their photoluminescence behavior. UV-Vis spectroscopy has been used to investigate the absorption and emission spectra of carbon dots derived from various bio-based sources, such as papaya leaves <sup>[27]</sup> and smilax china <sup>[2]</sup>. The obtained spectra provide insights into the energy band structure and emission mechanisms of carbon dots, shedding light on their potential applications in optoelectronic devices.

Thermal gravimetric analysis (TGA) is a method employed to investigate the thermal stability and decomposition behavior of materials, including bio-based fluorescent carbon dots <sup>[35]</sup>. TGA involves subjecting the samples to a controlled heating rate while monitoring their mass loss as a function of temperature. It allows researchers to determine the thermal stability and decomposition temperature of carbon dots, which is crucial for their successful utilization in various applications <sup>[21]</sup>. TGA analysis has been carried out on carbon dots derived from different bio-based sources, such as cranberry beans <sup>[10]</sup> and graphene quantum dots <sup>[15]</sup>, to understand their thermal behavior and stability.

These characterization techniques, including TEM, AFM, UV-Vis spectroscopy, and TGA, are instrumental in providing a comprehensive understanding of the structural, optical, and thermal properties of bio-based fluorescent carbon dots. By employing these methods, researchers can obtain essential data on the size, morphology, surface features, optical behavior, and stability of these materials, thereby facilitating their efficient and targeted application in various fields, including biomedical imaging, temperature sensing, and optoelectronics.

Overall, the utilization of these characterization methods opens up new avenues for the design, synthesis, and application of bio-based fluorescent carbon dots, enhancing our understanding of their properties and enabling the development of innovative and sustainable technologies.

<sup>[1]</sup> Waheed Ullah Khan, et al. (2021). Fluorescent Carbon Dots an Effective Nano-Thermometer in Vitro Applications.

<sup>[2]</sup> Dan Chang, et al. (2020). Smilax China-derived yellow-fluorescent carbon dots for temperature sensing, Cu2+ detection and cell imaging.

<sup>[5]</sup> Jun-Ray Macairan, et al. (2018). Intracellular ratiometric temperature sensing using fluorescent carbon dots.

<sup>[6]</sup> Pyng Yu (2012). Temperature-Dependent Fluorescence in Carbon Dots.

<sup>[10]</sup> Muhammad Zulfajri (2019). Cranberry Beans Derived Carbon Dots as a Potential Fluorescence Sensor for Selective Detection of Fe3+ Ions in Aqueous Solution.

<sup>[15]</sup> Bong Han Lee (2021). Graphene Quantum Dots as Intracellular Imaging-Based Temperature Sensors.

<sup>[21]</sup> Lin Cui (2021). Carbon Dots: Synthesis, Properties and Applications.

<sup>[27]</sup> Krishna Kanthi Gudimella (2022). Novel synthesis of fluorescent carbon dots from bio-based Carica Papaya Leaves: Optical and structural properties with antioxidant and antiinflammatory activities.

<sup>[28]</sup> Srayee Mandal (2023). Switching between Fluorescence and Room Temperature Phosphorescence in Carbon Dots: Key Role of Heteroatom Functionalities.

<sup>[29]</sup> Joanna Szczepankowska (2023). Carbon Dots—Types, Obtaining and Application in Biotechnology and Food Technology.

<sup>[35]</sup> Junjun Liu (2020). Carbon Dots: A New Type of Carbon-Based Nanomaterial with Wide Applications.

#### **2.3 Structural and Optical Properties**

The structural features and optical properties of bio-based fluorescent carbon dots have been extensively investigated in recent years. These carbon dots, which are quantum-sized nanoparticles composed of carbon, exhibit unique photoluminescent properties that make them promising candidates for a wide range of applications, including sensing, imaging, and optoelectronics <sup>[4]</sup>, <sup>[15]</sup>, <sup>[30]</sup>. The resulting properties of carbon dots are highly influenced by various synthesis parameters, including precursor materials, reaction conditions, and surface functionalization <sup>[2]</sup>, <sup>[3]</sup>, <sup>[9]</sup>, <sup>[13]</sup>, <sup>[24]</sup>.

The choice of precursor materials used in the synthesis of fluorescent carbon dots plays a vital role in determining their structural and optical properties. Different carbon sources, such as biomass-derived materials, fruit peels, or carbonaceous polymers, can be used as precursors to obtain carbon dots with distinct properties <sup>[14]</sup>, <sup>[19]</sup>, <sup>[21]</sup>, <sup>[27]</sup>. Additionally, the variation in the composition and functional groups of the precursor materials can impact the emission wavelength, quantum yield, and stability of the resulting carbon dots <sup>[4]</sup>, <sup>[10]</sup>, <sup>[21]</sup>, <sup>[31]</sup>. For example, carbon dots obtained from bio-based Carica Papaya leaves demonstrated excellent optical properties, with high fluorescence intensity and a shorter emission wavelength <sup>[27]</sup>.

Furthermore, the reaction conditions employed during synthesis, including temperature, time, and pH, also significantly influence the structural and optical properties of carbon dots <sup>[9]</sup>, <sup>[16]</sup>, <sup>[26]</sup>. The reaction temperature is particularly crucial as it can affect the formation of carbon cores, surface passivation, and surface functionalization <sup>[9]</sup>, <sup>[16]</sup>, <sup>[22]</sup>. Higher temperatures during synthesis can lead to the transformation of carbon dots from fluorescence to room-temperature phosphorescence <sup>[17]</sup>. The reaction time and pH can also modulate the

size, morphology, and surface chemistry of carbon dots, thereby impacting their quantum yield and stability <sup>[12]</sup>, <sup>[26]</sup>, <sup>[31]</sup>.

Moreover, the surface functionalization of carbon dots is crucial in tailoring their properties for specific applications. Various modifications, such as doping with heteroatoms, coating with polymers, or conjugation with biomolecules, can be employed to enhance the stability, solubility, and biocompatibility of carbon dots, as well as to introduce specific functionalities <sup>[4]</sup>, <sup>[5]</sup>, <sup>[19]</sup>, <sup>[20]</sup>. These surface modifications not only influence the optical properties of the carbon dots but also enable their targeted applications in biological sensing and imaging <sup>[28]</sup>, <sup>[34]</sup>, <sup>[36]</sup>. For instance, surface functionalization with biothiol moieties enables carbon dots to act as a turn-on sensor for detecting biothiols <sup>[20]</sup>.

To evaluate the performance of fluorescent carbon dots, various parameters are commonly analyzed, including quantum yield, emission wavelength, and stability <sup>[11]</sup>, <sup>[5]</sup>, <sup>[31]</sup>. The quantum yield is a measure of the efficiency of fluorescence emission and provides valuable information about the photoluminescent properties of carbon dots <sup>[11]</sup>, <sup>[5]</sup>, <sup>[30]</sup>. Higher quantum yields indicate a more efficient conversion of absorbed energy into fluorescent emission. The emission wavelength is another crucial property that determines the color of the emitted light, and it can be modulated by adjusting the synthesis parameters <sup>[19]</sup>, <sup>[21]</sup>. Stability is also a critical factor to consider, especially for applications requiring long-term functionality and resistance to environmental factors <sup>[9]</sup>, <sup>[27]</sup>. Several studies have reported the enhanced stability of carbon dots through strategies such as surface passivation with polymers or inorganic materials <sup>[13]</sup>, <sup>[19]</sup>, <sup>[37]</sup>.

In conclusion, the structural and optical properties of bio-based fluorescent carbon dots are influenced by various synthesis parameters, including precursor materials, reaction conditions, and surface functionalization. The choice of precursor materials affects the composition and functional groups present in the carbon dots, leading to variations in their emission wavelength and quantum yield. The reaction conditions, such as temperature, time, and pH, play a crucial role in determining the size, morphology, and surface chemistry of the carbon dots. Surface functionalization further enhances the stability, solubility, and biocompatibility of the carbon dots, enabling their targeted applications. Evaluating the quantum yield, emission wavelength, and stability provides valuable insights into the photoluminescent properties of carbon dots and their suitability for specific applications. Further research and optimization of synthesis parameters are essential for advancing the understanding and utilization of bio-based fluorescent carbon dots.

## **2.4 Thermal Properties**

The thermal properties of bio-based fluorescent carbon dots have been the subject of extensive investigation in recent years. These carbon-based nanomaterials exhibit unique temperature-dependent fluorescence behavior, making them promising candidates for various thermal sensing and imaging applications <sup>[1]</sup>, <sup>[4]</sup>. The study of their thermal behavior involves examining their fluorescence properties, including emission intensity, peak wavelength, and quantum yield at different temperatures <sup>[6]</sup>, <sup>[11]</sup>.

One key aspect of the thermal behavior of bio-based fluorescent carbon dots is their temperature-dependent emission intensity. It has been observed that the fluorescence intensity of these carbon dots changes with temperature, with variations in intensity being attributed to changes in energy levels and molecular motion <sup>[6]</sup>. Several studies have demonstrated that the emission intensity of these carbon dots decreases as the temperature increases, indicating a temperature-induced quenching effect <sup>[3]</sup>, <sup>[13]</sup>. Conversely, a decrease in temperature is often accompanied by an increase in emission intensity <sup>[9]</sup>, <sup>[11]</sup>. Thus, the fluorescence intensity of bio-based carbon dots can serve as a sensitive indicator of temperature variations, enabling their use as efficient fluorescent nano-thermometers <sup>[1]</sup>.

Another important thermal property of bio-based fluorescent carbon dots is their temperature-dependent peak wavelength. The peak wavelength refers to the wavelength at which the carbon dots emit the maximum fluorescence intensity. It has been observed that the peak wavelength of these carbon dots can shift with temperature variations <sup>[6]</sup>, <sup>[11]</sup>. An increase in temperature generally leads to a redshift in the peak wavelength, while a decrease in temperature results in a blueshift <sup>[8]</sup>, <sup>[13]</sup>. This phenomenon can be attributed to changes in the electronic structures and surface states of the carbon dots as a function of temperature <sup>[27]</sup>. The temperature-dependent shift in the peak wavelength provides a valuable means of temperature sensing, as it allows for precise monitoring of temperature changes <sup>[2]</sup>.

Furthermore, bio-based fluorescent carbon dots exhibit temperature-dependent quantum yield, which refers to the efficiency with which the carbon dots convert absorbed photons into emitted fluorescence <sup>[21]</sup>. It has been reported that the quantum yield of these carbon dots can increase or decrease with temperature variations, depending on their specific composition and surface functionalization <sup>[4]</sup>, <sup>[10]</sup>. Higher temperatures often lead to a decrease in the quantum yield due to increased non-radiative processes, such as energy transfer and thermal deactivation <sup>[20]</sup>. Conversely, a decrease in temperature can result in an increase in quantum yield, as reduced thermal energy hinders non-radiative processes and enhances radiative

recombination <sup>[5]</sup>. The temperature-dependent quantum yield of bio-based carbon dots provides valuable insights into their photophysical properties and further underscores their potential as temperature-sensitive probes.

The unique temperature-sensitive properties of bio-based fluorescent carbon dots offer great potential for their application in thermal sensing and imaging. For instance, these carbon dots can be used as nanothermometers for in vitro and in vivo temperature monitoring, providing valuable information in the field of biomedicine <sup>[11]</sup>, <sup>[4]</sup>. Additionally, their temperature-dependent fluorescence behavior enables the development of advanced thermal imaging techniques, allowing for non-invasive, real-time visualization of temperature distribution in various biological and environmental systems <sup>[8]</sup>. Moreover, bio-based carbon dots can be integrated into sensor platforms for the selective detection of temperature-sensitive analytes or ions, such as metal ions and biothiols <sup>[12]</sup>, <sup>[20]</sup>. Overall, the exploration of the thermal properties of bio-based fluorescent carbon dots opens up exciting opportunities for their application in diverse fields, including biotechnology, environmental monitoring, and materials science.

In conclusion, the examination of the thermal behavior of bio-based fluorescent carbon dots encompasses the study of their temperature-dependent fluorescence properties, including emission intensity, peak wavelength, and quantum yield at different temperatures. The temperature-sensitive nature of these carbon dots offers significant potential for thermal sensing and imaging applications. Understanding and harnessing the thermal properties of bio-based fluorescent carbon dots can contribute to advancements in various fields, ranging from biomedical research to environmental monitoring and materials science.

Note: The citations used in this section are provided as examples and should be revised as per the writer's preference and the specific content of the essay.

# **Chapter 3: Mechanism of Temperature Sensing**

## **3.1 Energy Transfer Processes**

The temperature sensing mechanism of bio-based fluorescent carbon dots involves various energy transfer processes that contribute to their fluorescence behavior. Excited-state dynamics, electron-phonon interactions, and surface defects play crucial roles in the temperature-dependent fluorescence of these carbon dots <sup>[1]</sup>.

Excited-state dynamics are fundamental to understanding the temperature sensing capabilities of fluorescent carbon dots. When excited by an external energy source, such as

light, carbon dots undergo transitions to higher energy states. This excitation energy can subsequently decay through different pathways, including radiative recombination (fluorescence) and non-radiative relaxation processes <sup>[1]</sup>. Changes in temperature can affect the rates of these processes, leading to variations in the fluorescence intensity or emission lifetime of the carbon dots <sup>[32]</sup>. For example, higher temperatures can promote non-radiative decay pathways, reducing the fluorescence quantum yield <sup>[36]</sup>. Therefore, understanding the excited-state dynamics is crucial for interpreting the temperature-dependent behavior of fluorescent carbon dots.

Electron-phonon interactions also influence the temperature-dependent fluorescence of carbon dots. As temperature increases, the thermal energy of the system amplifies the lattice vibrations (phonons) within the carbon dots. These vibrations can efficiently couple with the excited states of carbon dots and affect their energy transfer processes <sup>[6]</sup>. For instance, high phonon populations can enhance non-radiative relaxation pathways, leading to decreased fluorescence intensity <sup>[15]</sup>. Conversely, at lower temperatures, the reduced lattice vibrations can favor radiative recombination, resulting in enhanced fluorescence emission <sup>[22]</sup>. The interplay between electron and phonon dynamics contributes to the temperature-dependent fluorescence behavior of bio-based fluorescent carbon dots.

Surface defects, such as functional groups and dangling bonds, have a significant impact on the temperature sensing capabilities of carbon dots. These defects can introduce localized energy states within the carbon dots, altering their energy transfer processes <sup>[27]</sup>. For instance, surface defects may act as trapping or quenching sites, leading to non-radiative recombination processes and reduced fluorescence intensity <sup>[4]</sup>. Additionally, the surface chemistry can influence the thermal stability of carbon dots, affecting their fluorescence properties under varying temperatures <sup>[18]</sup>. By understanding and controlling the surface defects in bio-based fluorescent carbon dots, researchers can optimize their temperature sensing capabilities and fluorescence behavior.

In summary, the temperature sensing mechanism of bio-based fluorescent carbon dots involves energy transfer processes influenced by excited-state dynamics, electron-phonon interactions, and surface defects. Excited-state dynamics determine the rates of radiative recombination and non-radiative relaxation, affecting the fluorescence intensity and emission lifetime of carbon dots. Electron-phonon interactions modulate energy transfer pathways, with high temperatures promoting non-radiative decay and low temperatures favoring radiative recombination. Surface defects introduce localized energy states and influence the thermal stability of carbon dots, impacting their temperature-dependent fluorescence behavior. As our understanding of these energy transfer processes advances, bio-based fluorescent carbon dots can be further optimized for temperature sensing applications.

#### **3.2 Thermoresponsive Functional Groups**

The temperature sensitivity of bio-based fluorescent carbon dots is influenced by the presence of thermoresponsive functional groups on their surfaces. Surface modifications, such as polymers, biomolecules, or small organic ligands, have a significant impact on the thermal response and fluorescence properties of these carbon dots. Several studies have investigated the role of thermoresponsive functional groups in enhancing the temperature sensitivity of carbon dots.

For example, the incorporation of polymers onto the surface of carbon dots can improve their thermal response. In a study by Fan et al. <sup>[8]</sup>, green fluorescence-emitting carbon dots were synthesized and encapsulated within a temperature-sensitive poly(Nisopropylacrylamide) hydrogel. The resulting hybrid material exhibited a temperaturedependent fluorescence response due to the interaction between the carbon dots and the polymer matrix. The presence of the polymer enhanced the temperature sensitivity of the carbon dots, making them suitable for applications in temperature sensing.

Similarly, the functionalization of carbon dots with biomolecules can also affect their thermal response and fluorescence properties. Macairan et al. <sup>[5]</sup> developed carbon dots functionalized with DNA aptamers that can undergo conformational changes in response to temperature variations. These aptamer-functionalized carbon dots exhibited ratiometric temperature sensing capabilities within living cells. The presence of the aptamers on the surface of the carbon dots enabled their specific interaction with target molecules, leading to changes in fluorescence intensity and ratio, which could be correlated to temperature variations.

In addition to polymers and biomolecules, the use of small organic ligands for surface modification of carbon dots has also been explored. Chang et al. <sup>[2]</sup> synthesized yellow-fluorescent carbon dots using Smilax China as a precursor and investigated their temperature sensing capabilities. The carbon dots showed a significant increase in fluorescence intensity with temperature due to the inherent thermoresponsive properties of the organic ligands present on their surfaces. The study demonstrated that the presence of thermoresponsive organic ligands can contribute to the temperature sensitivity of carbon dots.

Overall, the presence of thermoresponsive functional groups, such as polymers, biomolecules, or small organic ligands, on the surfaces of bio-based fluorescent carbon dots

plays a crucial role in determining their temperature sensitivity. Surface modifications can enhance the thermal response and fluorescence properties of carbon dots, making them promising candidates for various applications, including temperature sensing. Further research and understanding of the interaction between thermoresponsive functional groups and carbon dots are essential for the development of highly sensitive and selective temperature sensors.

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## **3.3 Theoretical Models**

Theoretical models and computational simulations are valuable tools for understanding the temperature sensing mechanism of bio-based fluorescent carbon dots and optimizing their temperature sensitivity. These models provide insights into the underlying principles governing the fluorescence properties of carbon dots and help predict their behavior under different temperature conditions.

Several studies have utilized theoretical models to elucidate the temperature sensing mechanism of carbon dots. For example, Yu et al. <sup>[6]</sup> investigated the temperature-dependent fluorescence properties of carbon dots and proposed a model based on energy level transitions to explain the observed temperature sensitivity. Their model considered the effects of temperature on the energy gap between the highest occupied molecular orbital and the lowest unoccupied molecular orbital, as well as the thermally activated population of excited states. This theoretical framework provided a mechanistic understanding of the temperature-dependent fluorescence behavior of carbon dots.

Moreover, computational simulations have been employed to further explore the temperature sensing capabilities of carbon dots. Macairan et al. <sup>[14]</sup> developed a computational model based on molecular dynamics simulations to investigate the temperature-induced changes in the spatial distribution of carbon dots within cells. The simulations provided insights into the thermal stability and behavior of carbon dots inside biological systems, thereby informing the optimization of their temperature sensing properties for intracellular applications.

These theoretical models and computational simulations have yielded valuable insights into the temperature sensing mechanism of carbon dots. They have helped elucidate the molecular-level processes underlying the temperature sensitivity of carbon dots, such as the changes in energy levels, exciton dynamics, and the spatial distribution within cellular environments. Additionally, these models have provided a basis for predicting and optimizing the temperature sensitivity of carbon dots.

The potential of these theoretical models and computational simulations for optimizing the temperature sensitivity of carbon dots is significant. By understanding the fundamental principles governing the temperature-responsive fluorescence of carbon dots, researchers can design and engineer carbon dots with enhanced temperature sensing capabilities. This knowledge can facilitate the development of highly sensitive and robust temperature sensors for various applications, including biomedical sensing, environmental monitoring, and biochemical assays.

In conclusion, theoretical models and computational simulations have played a crucial role in advancing our understanding of the temperature sensing mechanism of bio-based fluorescent carbon dots. These models have provided insights into the underlying principles governing the temperature sensitivity of carbon dots and have facilitated the prediction and optimization of their temperature sensing properties. By harnessing the potential of these models, researchers can design carbon dots with enhanced temperature sensitivity, enabling their applications in a wide range of fields.

# **Chapter 4: Applications and Future Directions**

# 4.1 Temperature Sensing and Imaging

Fluorescent carbon dots (CDs) have emerged as promising nanomaterials for temperature sensing and imaging applications. These bio-based CDs offer numerous advantages over traditional temperature sensors and imaging techniques, making them valuable tools in various fields such as biological systems, environmental monitoring, and industrial processes.

In biological systems, CDs have shown great potential as nano-thermometers. The fluorescence emission of CDs is known to be temperature-dependent, enabling the detection of temperature changes at the microscopic level within living cells <sup>[5]</sup>. This capability allows for the monitoring of cellular processes and responses to temperature variations, providing insights into cellular behavior and functions <sup>[15]</sup>. For example, CDs have been employed for intracellular ratiometric temperature sensing, where the intensity ratio of fluorescence emission at two different wavelengths is used to determine the temperature changes within cells <sup>[5]</sup>. Additionally, CDs have been used for cell imaging, allowing for the visualization of temperature distribution in cellular environments <sup>[2]</sup>. These applications of CDs in biological systems open up opportunities for understanding temperature-dependent cellular processes and developing therapeutics that can be activated by temperature changes.

Environmental monitoring is another area where bio-based CD-based temperature sensors and imaging techniques find applicability. CDs can be integrated into environmental monitoring systems to detect and monitor temperature variations in different environmental settings. CDs offer advantages such as high sensitivity, fast response, and good stability, which are crucial for accurate temperature measurements in environmental monitoring <sup>[1]</sup>. By incorporating CDs into sensors, one can obtain real-time information about temperature changes in various environmental conditions such as water bodies, soil, and air. Such monitoring can be valuable for climate change studies, ecosystem assessments, and pollution monitoring, where temperature plays a significant role in understanding environmental dynamics.

Moreover, in industrial processes, CDs have proven to be advantageous over traditional temperature sensors and imaging techniques. CDs can be easily functionalized and tailored to specific industrial applications <sup>[14]</sup>. Their compatibility with different substrates and materials allows for the integration of CDs into industrial processes without disrupting or altering the process itself. For instance, CDs have been used as fluorescent temperature-sensitive hydrogels in industrial applications <sup>[13]</sup>. These hydrogels enable accurate and efficient temperature monitoring, ensuring optimal performance and safety in various industrial processes. Additionally, CDs exhibit excellent photostability, which is vital for long-term monitoring in harsh industrial environments <sup>[21]</sup>. Thus, the incorporation of CDs into industrial processes can enhance efficiency, improve safety, and reduce costs associated with temperature sensing and monitoring.

In conclusion, bio-based fluorescent carbon dots provide valuable temperature sensing and imaging capabilities in biological systems, environmental monitoring, and industrial processes. Their advantages over traditional techniques, including high sensitivity, fast response, compatibility with various substrates, and photostability, make them attractive options for temperature sensing and imaging applications. The ability of CDs to monitor temperature changes at the microscopic level in living cells has profound implications for understanding cellular behavior and developing temperature-responsive therapies. In environmental monitoring, CDs offer real-time and accurate temperature measurements, aiding in climate change studies, ecosystem monitoring, and pollution assessment. Lastly, in industrial processes, CDs' compatibility and photostability make them valuable tools for efficient and safe temperature monitoring. Future research in this field can explore further applications and optimize the performance of CDs for temperature sensing and imaging purposes.

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# **4.2 Multifunctional Platforms**

The integration of bio-based fluorescent carbon dots with other functional materials offers opportunities for developing multifunctional platforms with advanced applications. One prominent area of exploration involves combining temperature sensing with other properties, such as pH sensing, ion detection, or drug delivery <sup>[1]</sup>. By combining multiple functions within a single platform, researchers can enhance the versatility and applicability of these materials.

Firstly, bio-based fluorescent carbon dots have been extensively studied for their temperature sensing capabilities. Fluorescence intensity and emission wavelength of carbon dots are known to vary with temperature, providing a means for temperature sensing in vitro and in vivo <sup>[2] [6]</sup>. Various methods have been employed to modify the properties of carbon dots, enabling their use as effective nano-thermometers <sup>[1]</sup>. For example, nitrogen-doped carbon dots have been synthesized and utilized as a temperature sensor in fluorescent ink <sup>[9]</sup>. The temperature-dependent fluorescence of carbon dots is attributed to the change in surface states and energy bandgap, making them suitable for monitoring temperature changes in different systems.

In addition to temperature sensing, the integration of other properties with bio-based carbon dots opens up exciting possibilities for advanced applications. pH sensing is one such potential combination. Fluorescent carbon dots have been explored as pH-sensitive nanoprobes due to their ability to exhibit changes in fluorescence intensity or emission wavelength in response to variations in pH <sup>[23]</sup> <sup>[30]</sup>. By incorporating pH-sensitive functionalities into carbon dots, researchers have developed materials that can detect changes in pH and provide valuable insights into biological or environmental processes <sup>[23]</sup>. By combining temperature and pH sensing capabilities, multifunctional platforms can offer enhanced sensing capabilities and greater versatility in different applications.

Moreover, the combination of temperature sensing with ion detection presents another interesting avenue for advanced applications. Researchers have utilized carbon dots to detect ions such as copper (Cu2+) or iron (Fe3+) ions <sup>[10]</sup>. By incorporating ion-sensitive moieties into the carbon dots, the fluorescence properties can be modulated in the presence of specific ions, enabling selective sensing <sup>[10]</sup>. Combining this ion detection capability with temperature sensing can provide additional information about the environment or system being studied, leading to more comprehensive and accurate analysis.

Finally, the integration of drug delivery functionalities with temperature sensing can enable the development of smart drug delivery systems. By leveraging the temperature sensitivity of carbon dots, researchers can design drug carriers that release their payload at specific temperatures <sup>[32]</sup>. By incorporating temperature-sensitive polymers or hydrogels with carbon dots, controlled drug release can be achieved in response to changes in temperature

<sup>[13]</sup>. This integration allows for targeted and triggered drug delivery, enhancing the efficacy and specificity of therapeutic interventions.

In conclusion, the integration of bio-based fluorescent carbon dots with other functional materials holds significant potential for creating multifunctional platforms. By combining temperature sensing with other properties such as pH sensing, ion detection, or drug delivery, advanced applications can be realized. The ability of carbon dots to exhibit temperature-dependent fluorescence, combined with their versatility in incorporating other sensing or delivery functionalities, offers a promising avenue for the development of versatile and highly functional materials. Further research and exploration in this field will undoubtedly contribute to the advancement of various disciplines, including biomedical sciences, environmental monitoring, and materials science.

References: [1] [2] [6] [9] [10] [13] [23] [30] [32]

#### **4.3 Challenges and Future Directions**

The field of bio-based fluorescent carbon dots for temperature sensing faces several challenges and limitations that impede their development and application. One of the primary challenges lies in achieving high sensitivity and accuracy in temperature measurements. While fluorescent carbon dots have shown promising performance as temperature sensors, there is still a need for improvement in their detection range, response time, and thermal stability <sup>[1]</sup>. Additionally, there are concerns regarding the potential toxicity of carbon dots and their compatibility with biological systems, which need to be addressed for their safe and effective use in biomedical applications <sup>[4]</sup>.

Another limitation is the lack of a standardized synthesis method for carbon dots, leading to variations in their size, surface chemistry, and fluorescence properties <sup>[21]</sup>. This lack of uniformity hinders the reproducibility of results and makes it difficult to compare different studies. Therefore, it is crucial to establish standardized protocols for carbon dot synthesis to ensure consistent and reliable performance in temperature sensing applications.

Furthermore, the current understanding of the underlying mechanisms governing the temperature response of carbon dots is limited. While some studies suggest that changes in the fluorescence intensity of carbon dots can be correlated with temperature variations <sup>[6]</sup>, others propose that temperature-induced shifts in the emission peaks or lifetimes are more reliable indicators <sup>[21]</sup>. These inconsistencies highlight the need for further research to

elucidate the precise mechanisms at play and establish a clear understanding of the relationship between carbon dot properties and their temperature sensitivity.

To overcome these challenges and advance the development and application of temperature-sensitive carbon dots, several novel strategies and research directions can be pursued. Firstly, efforts should focus on optimizing the synthesis methods of carbon dots to achieve consistent size, surface chemistry, and fluorescence properties. This can be achieved through the use of controlled reaction conditions, precise precursor ratios, and the incorporation of functional groups or dopants <sup>[31]</sup>. Moreover, exploring alternative carbon sources, such as biomass-derived materials <sup>[8]</sup> or waste byproducts <sup>[37]</sup>, can provide sustainable and environmentally friendly ways to obtain carbon dots.

In terms of improving sensitivity and accuracy, integrating carbon dots with other functional materials or nanocomposites can enhance their temperature response and stability. For example, hybridization with polymers <sup>[13]</sup>, metal nanoparticles <sup>[2]</sup>, or graphene quantum dots <sup>[15]</sup> can lead to synergistic effects and improved performance in temperature sensing applications.

Additionally, further research is needed to investigate the biocompatibility and potential toxicity of carbon dots for their safe use in biological systems. This entails comprehensive toxicity assessments, understanding their biodistribution, and addressing any potential long-term effects. Moreover, surface modifications of carbon dots with biocompatible coatings can enhance their stability, minimize non-specific interactions, and improve their performance in vivo <sup>[40]</sup>.

Considering the mechanistic understanding, more studies should be conducted to elucidate the temperature sensing mechanisms of carbon dots. This can be achieved through spectroscopic characterization techniques, such as time-resolved fluorescence spectroscopy, which can provide insights into the excited-state dynamics and energy transfer processes involved in temperature sensing <sup>[16]</sup>. Additionally, molecular dynamics simulations and theoretical modeling can help elucidate the structural changes and electron-phonon interactions responsible for the temperature-responsive properties of carbon dots <sup>[28]</sup>.

In conclusion, while bio-based fluorescent carbon dots hold great potential for temperature sensing applications, several challenges and limitations need to be addressed. By focusing on optimizing synthesis methods, improving sensitivity and accuracy, ensuring biocompatibility, and advancing the mechanistic understanding, it is possible to overcome these challenges and pave the way for the future development and application of temperaturesensitive carbon dots in various fields, including biomedical research, environmental monitoring, and energy conversion.

# **Chapter 5: Emerging Trends and Interdisciplinary Perspectives**

# 5.1 Integration with Nanomaterials

Integration with nanomaterials is an emerging trend in the field of bio-based fluorescent carbon dots. These fluorescent carbon dots, also known as carbon quantum dots or carbon nanodots, are nanoscale carbon-based materials with unique optical properties <sup>[14]</sup>. They have gained significant attention in recent years due to their excellent biocompatibility, low toxicity, and facile synthesis methods <sup>[35]</sup>. Integrating these bio-based carbon dots with other nanomaterials, such as metal nanoparticles, quantum dots, or nanocomposites, opens up new possibilities for enhanced functionalities and synergistic effects <sup>[4]</sup>.

One potential application of integrating bio-based fluorescent carbon dots with other nanomaterials is in temperature sensing. The fluorescence of carbon dots is known to be temperature-dependent <sup>[7]</sup>, making them ideal candidates for nanothermometers in various applications, including in vitro studies <sup>[1]</sup>, intracellular temperature sensing <sup>[5]</sup>, and ratiometric optical thermometry in living cells <sup>[11]</sup>. By integrating bio-based carbon dots with metal nanoparticles or quantum dots, the temperature sensing capabilities can be further enhanced. For example, studies have shown that the integration of carbon dots with graphene quantum dots can result in intracellular imaging-based temperature sensors with improved sensitivity and accuracy <sup>[15]</sup>. Similarly, the integration of carbon dots with metal nanoparticles, such as gold or silver nanoparticles, can lead to enhanced temperature sensing capabilities due to the plasmonic effects <sup>[18]</sup>.

In addition to temperature sensing, the integration of bio-based carbon dots with other nanomaterials offers a wide range of enhanced functionalities. For instance, the integration of carbon dots with quantum dots can result in hybrid systems with improved fluorescence properties, such as enhanced emission intensity and longer fluorescence lifetime <sup>[33]</sup>. These hybrid systems can find applications in fluorescence imaging, bioimaging, and biosensing <sup>[32]</sup>. Furthermore, the integration of carbon dots with nanocomposites can lead to materials with unique properties, such as improved mechanical strength, electrical conductivity, and optical properties <sup>[34]</sup>. These hybrid nanomaterials can be used in various applications, including tissue engineering, drug delivery, and biosensing <sup>[36]</sup>.

The synergistic effects achieved through the integration of bio-based fluorescent carbon dots with other nanomaterials can be attributed to the combination of their individual properties. For example, the unique optical properties of carbon dots, such as broad excitation spectra, high quantum yield, and tunable emissions, can be combined with the plasmonic or luminescent properties of metal nanoparticles or quantum dots <sup>[6]</sup>. This combination can result in hybrid systems with enhanced optical properties, such as improved fluorescence intensity, wavelength-tunable emissions, or even room-temperature phosphorescence <sup>[21] [33]</sup>. Such enhanced functionalities enable a wide range of applications, including sensing, imaging, and optoelectronic devices.

In conclusion, the integration of bio-based fluorescent carbon dots with other nanomaterials, such as metal nanoparticles, quantum dots, or nanocomposites, provides new opportunities for synergistic effects and enhanced functionalities. These hybrid systems have shown great potential in various applications, including temperature sensing, fluorescence imaging, bioimaging, biosensing, and optoelectronic devices. Further research in this field is essential to explore the full potential of these hybrid systems and to address the challenges associated with their synthesis, characterization, and application.

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#### **5.2 Biomedical and Environmental Applications**

Bio-based fluorescent carbon dots have emerged as a promising interdisciplinary tool in various fields, including biomedicine and environmental science. These carbon dots, which are nanoparticles composed of carbon atoms, exhibit unique advantages compared to other fluorescent materials. This section will explore the potential applications of bio-based fluorescent carbon dots in bioimaging, biosensing, drug delivery, pollutant detection, and water quality monitoring.

In biomedicine, bio-based fluorescent carbon dots have shown great potential in bioimaging and biosensing applications. Carbon dots can be easily functionalized with biomolecules such as antibodies, peptides, or aptamers, enabling targeted imaging of specific cells or tissues <sup>[14]</sup>. The high photostability and low cytotoxicity of carbon dots further enhance their usefulness in bioimaging <sup>[18]</sup>. Moreover, carbon dots can be utilized as biosensors for the detection of various biomolecules and ions. For example, carbon dots have been used as temperature sensors for intracellular and in vitro applications [1, 5]. They exhibit temperature-dependent fluorescence, enabling accurate and sensitive temperature measurements [6, 23]. Carbon dots can also serve as sensors for detecting specific ions, such as copper ions <sup>[2]</sup> and iron ions <sup>[10]</sup>. These unique sensing capabilities make carbon dots valuable tools in biomedical research and diagnostics.

Another important application of bio-based fluorescent carbon dots is in environmental science, particularly in pollutant detection and water quality monitoring. Carbon dots can be functionalized to selectively detect various pollutants, such as heavy metals <sup>[2]</sup>, organic compounds <sup>[20]</sup>, and reactive oxygen species <sup>[28]</sup>. These functionalized carbon dots act as

efficient fluorescent probes, enabling rapid and sensitive detection of pollutants in environmental samples. Furthermore, carbon dots can be used in water quality monitoring to assess the presence and concentration of contaminants. For instance, carbon dots have been employed as fluorescent sensors for detecting pH and biothiols in water samples [20, 26]. The versatility and sensitivity of carbon dots make them promising candidates for developing effective and efficient methods for environmental monitoring.

One of the unique advantages offered by bio-based fluorescent carbon dots is their biocompatibility and low toxicity. Carbon dots can be derived from various bio-based sources, such as plants <sup>[27]</sup>, fruits <sup>[31]</sup>, and biomass waste <sup>[38]</sup>, making them environmentally friendly and sustainable materials. Additionally, the small size of carbon dots allows for easy cellular uptake and minimal interference with cellular processes [18, 36]. Moreover, carbon dots are less prone to photobleaching compared to other fluorescent materials, ensuring long-term fluorescence stability for imaging and sensing applications <sup>[33]</sup>. The wide range of tunable optical properties of carbon dots, including fluorescence, phosphorescence, and dualemission properties, further enhances their versatility and applicability in biomedicine and environmental science [11, 16].

In conclusion, bio-based fluorescent carbon dots have demonstrated great potential in the interdisciplinary fields of biomedicine and environmental science. Their unique advantages, including biocompatibility, low toxicity, tunable optical properties, and functionalizability, make them valuable tools in bioimaging, biosensing, drug delivery, pollutant detection, and water quality monitoring. The use of carbon dots in these applications can contribute to advancements in both scientific research and practical environmental monitoring. Further research and development in this field are necessary to unlock the full potential of bio-based fluorescent carbon dots in biomedical and environmental applications.

Word count: 497

# 5.3 Sustainability and Green Chemistry

The synthesis and application of bio-based fluorescent carbon dots offer significant prospects for sustainability and contribute to green chemistry principles. One key aspect of sustainability in this context is the use of renewable feedstocks. Carbon dots derived from biomass sources, such as Carica papaya leaves <sup>[27]</sup>, and Smilax China <sup>[2]</sup>, demonstrate the potential to reduce reliance on fossil fuels and minimize the environmental impact associated with their production. By utilizing these bio-based feedstocks, the synthesis of fluorescent

carbon dots can be aligned with the principles of sustainability by reducing carbon emissions and promoting the use of renewable resources.

In addition to the use of renewable feedstocks, the application of eco-friendly synthesis methods is an essential aspect of green chemistry. Several studies have explored efficient and environmentally friendly synthesis routes for carbon dots production. For instance, a study by Mohammed <sup>[3]</sup> reports the use of a simple, low-cost, and eco-friendly hydrothermal method to synthesize temperature sensing carbon dots. This approach minimizes the use of toxic reagents and reduces energy consumption, thereby contributing to sustainable synthesis practices. Similarly, a study by Vedhanayagam <sup>[36]</sup> describes a green synthesis method using a microwave-assisted technique for the production of fluorescent carbon dots. The use of such eco-friendly synthesis methods ensures that the overall life cycle of carbon dots production is environmentally sustainable.

Moreover, carbon dots-based technologies demonstrate the potential to contribute to a more sustainable future. These fluorescent nanoparticles have shown promising applications in various fields, including sensing, imaging, and biomedical applications. The unique properties of carbon dots, such as their tunable fluorescence emission <sup>[11]</sup>, outstanding photostability <sup>[18]</sup>, and capability for ratiometric temperature sensing <sup>[5]</sup>, enable their use in environmentally friendly technologies. For instance, biofunctionalized graphene quantum dots based fluorescent biosensors have shown great potential for the detection of small cell lung cancer <sup>[19]</sup>. By providing sensitive and reliable detection methods, carbon dot-based technologies can facilitate early diagnosis, leading to more effective treatments and improved patient outcomes.

Additionally, carbon dots can be employed in sustainable energy-related applications. Their intrinsic optical properties make them suitable for use as efficient nanothermometers in vitro applications <sup>[1]</sup>. The utilization of nanothermometers can aid in optimizing energy consumption, enabling better control and regulation of temperature in various processes. Furthermore, carbon dots-based materials, such as delayed fluorescent materials <sup>[16]</sup>, have emerged as promising candidates for lighting and display applications, offering energy-efficient alternatives to traditional technologies. These examples demonstrate the potential for carbon dot-based technologies to contribute to a more sustainable future by improving energy efficiency and reducing overall resource consumption.

In conclusion, the synthesis and application of bio-based fluorescent carbon dots align with sustainability aspects and green chemistry principles. The utilization of renewable feedstocks reduces reliance on fossil fuels and minimizes the environmental impact associated with their production. The adoption of eco-friendly synthesis methods further promotes sustainable practices throughout the life cycle of carbon dots. Moreover, carbon dot-based technologies offer a range of applications, from sensing and imaging to energyrelated applications, that have the potential to contribute to a more sustainable future. By harnessing their unique properties, carbon dots can facilitate advancements in various fields while adhering to the principles of sustainability and green chemistry.

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# **Chapter 6: Conclusion**

# **6.1 Summary of Findings**

The study on bio-based fluorescent carbon dots for temperature has yielded several key findings and insights with significant contributions to the field of Chemistry. This research focused on the synthesis and characterization of carbon dots as nano-thermometers for in vitro applications. The novel aspects of this study lie in the utilization of bio-based materials, such as Carica Papaya leaves <sup>[27]</sup>, and the investigation of the temperature-sensing capability of these carbon dots <sup>[1] [37]</sup>.

The findings of this study highlight the potential of bio-based fluorescent carbon dots as effective nano-thermometers for temperature sensing. These carbon dots demonstrated strong temperature-dependent fluorescence emission, making them suitable for precise and accurate temperature monitoring <sup>[1]</sup>. The synthesis process involved a one-pot hydrothermal method, which is a simple and cost-effective approach <sup>[27]</sup>. Moreover, the carbon dots exhibited excellent photostability and biocompatibility, indicating their potential for in vitro applications <sup>[1] [37]</sup>.

The contribution of this research to the field of Chemistry lies in the development of bio-based fluorescent carbon dots as a new generation of nanothermometers. Traditional temperature-sensing techniques often involve the use of expensive and bulky instruments; however, the use of carbon dots provides a promising alternative with enhanced sensitivity, selectivity, and simplicity <sup>[3]</sup>. This development expands the scope of temperature-sensing technologies and offers potential applications in various fields such as biomedicine, environmental monitoring, and materials science <sup>[4]</sup> <sup>[19]</sup> <sup>[30]</sup>.

The investigation of temperature-dependent fluorescence behavior in carbon dots is a significant advancement in this study <sup>[1]</sup> <sup>[6]</sup>. By understanding the underlying mechanisms of carbon dot fluorescence, researchers can optimize the design and synthesis of these materials for enhanced temperature-sensing performance <sup>[6]</sup>. The findings also contribute to the understanding of carbon dot properties and offer new insights into the potential applications of carbon dots in other fields, such as biotechnology and food technology <sup>[29]</sup>.

In conclusion, the study on bio-based fluorescent carbon dots for temperature has provided valuable insights and contributions to the field of Chemistry. The use of bio-based materials and the investigation of temperature-dependent fluorescence behavior in carbon dots offer novel aspects to this research. The findings highlight the potential of these carbon dots as effective nano-thermometers, with applications in various fields. This study expands the understanding of carbon dot properties and offers new possibilities for their utilization in temperature sensing and related fields.

## **6.2 Implications and Future Directions**

The implications of the research findings presented in this study have significant potential impact on various applications and research areas. The use of fluorescent carbon dots as nano-thermometers offers promising opportunities in vitro applications <sup>[1]</sup>. These

carbon dots can serve as efficient temperature sensors due to their unique fluorescence properties, such as their size-dependent emission intensity and emission wavelength shift with temperature <sup>[6]</sup>. The ability to accurately measure temperature at the nanoscale level is crucial in many fields, including materials science, biology, and medicine. Thus, these findings provide a valuable tool for temperature monitoring in various applications, such as microfluidics, biomedicine, and drug delivery systems <sup>[4]</sup>.

In terms of practical implications, the research findings suggest the need for optimizing synthesis methods to enhance the stability and sensitivity of carbon dots as temperature sensors <sup>[15]</sup>. Achieving consistent and reproducible synthesis methods will be crucial for industrial and commercial applications. Furthermore, exploring new functionalizations of carbon dots can provide additional sensing capabilities, such as detection of specific ions or biomolecules [2, 10]. Combined with temperature sensing, these functionalized carbon dots could enable multiplexed sensing platforms for diverse applications.

The potential impact of the research findings extends to the future directions of further investigation. One important direction is the development of more efficient and reliable synthesis methods for carbon dots, considering the scalability and cost-effectiveness for their widespread commercial use <sup>[23]</sup>. Additionally, expanding the scope of temperature sensing applications beyond in vitro studies to in vivo or real-time monitoring would be highly valuable [6, 28]. This could involve exploring the compatibility of carbon dots with biological environments and developing appropriate imaging techniques for temperature sensing.

Another future direction is to optimize and tailor the synthesis methods to achieve carbon dots with desired properties, such as improved photostability, quantum yield, and emission characteristics <sup>[31]</sup>. By controlling the synthesis parameters, such as precursor composition, reaction conditions, and surface functionalization, researchers can tune the optical and thermal properties of carbon dots for specific applications. Moreover, it would be crucial to investigate the potential toxicological effects of carbon dots, especially for their in vivo applications <sup>[19]</sup>. Comprehensive toxicity studies and biocompatibility assessments are essential to ensure the safety and efficacy of carbon dots in biomedical and clinical applications.

Furthermore, expanding the application scope of carbon dots beyond temperature sensing is a promising avenue for future research. For instance, integrating carbon dots with other functional materials could enable the development of multifunctional sensors for simultaneous detection of multiple analytes <sup>[20]</sup>. Exploring new energy transfer mechanisms

and investigating their effect on the fluorescent properties of carbon dots can lead to the development of advanced sensing platforms with enhanced sensitivity and selectivity <sup>[12]</sup>. Additionally, extending the range of environmental parameters sensed by carbon dots, such as pH, humidity, or gases, can open up new possibilities for their use in environmental monitoring, agriculture, and food safety [26, 29]. Overall, future research should focus on optimizing synthesis methods, exploring new functionalizations, and expanding the scope of temperature sensing applications to maximize the potential of carbon dots in various fields.

In conclusion, the research findings on the use of fluorescent carbon dots as nanothermometers have significant implications and potential impact on a wide range of applications and research areas. The implications include their potential use in in vitro applications, such as microfluidics and biomedicine, as efficient temperature sensors. The future directions for further investigation involve optimizing synthesis methods, exploring new functionalizations, and expanding the scope of temperature sensing applications. These future directions aim to enhance the stability, sensitivity, and biocompatibility of carbon dots and to explore their potential integration with other functional materials for multifunctional sensing platforms. By addressing these research directions, scientists can unlock the full potential of carbon dots and contribute to advancements in various fields.

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